



**FRANKLIN LUNCH MENU
NOVEMBER 2017 FMS & FHS**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pizza Salad w/Spinach Choice of fruit	2 Taco Salad w/ Refried beans W/ wg chips Lettuce & Tomatoes Salsa Corn Pineapple	3 No School Teacher Workshop
6 General Tso Chicken Brown Rice Oriental Blend Veggies Pineapple Fortune Cookie	7 American Chop Suey Green Beans Whole Grain Roll Orange Smiles	8 Pizza Salad w/Spinach Choice of fresh fruit	9 Thanksgiving Diner Roast Turkey w/Gravy Mashed Potatoes Stuffing Roll Squash Peas Cranberry Sauce Dessert	10 No School Veteran's Day
13 Hamburger Whole grain bun Potato Puffs Carrots Pears	14 Teriyaki Dippers Rice Pilaf Steamed Broccoli Pineapple	15 Pizza WG Salad w/Spinach Choice of fresh fruit	16 Sausage Egg & Chs Breakfast Burrito Baked Beans Hash Brown Cantaloupe	17 Chicken Patty Sandwich /Whole Grain Roll Lettuce / Tomatoes Oven Fries Fruit
20 Grilled Cheese w/ Tomato Soup Veggie Sticks Peaches Gold fish Cracker	21 Pizza Salad w/ Spinach Choice of Fresh Fruit	22 THANKSGIVING RECESS No School NOV. 22 – 24th	23 No School	24 No School
27 Taco Salad w/wg Chips Refried beans Lettuce Tomatoes Salsa corn Pineapple	28 Chicken Fajita WG Rice Refried Beans Baby Carrots Fresh Fruit	29 Pizza Salad w/ Spinach Choice of fruit	30 BBQ Pulled Pork Sandwich on Whole Grain Roll Coleslaw Bkd Chips Fresh Fruit	

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Lunch 2.85
Reduced Lunch .40
Adult Lunch 3.50
Milk .50

All meals served with choice of skim, 1% or fat free flavored milk.

Sun butter & Jelly on whole wheat served daily as an alternative.